

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>We strive to follow our calendar, but sometimes activities will change. Please check "Today's Happenings" posted around the community for any changes that have been made.</b></p> <p><b>Thank you.</b></p>	<p><b>WU: Watermark University</b></p>	<p>9:30 Walk 9:30 Morning Affirmations - M 10:00 Balance Through Dance - 3A 11:00 Art Studio Time - A 2:00 Games....Games...Games - 3A 3:30 Entertainment: The Therapists - LO 6:30 Tuesday Night Movie - 3M</p>	<p>9:30 Walk 9:30 Morning Affirmations - M 10:00 Smile &amp; Sway - 3M 11:00 <b>WU: How to Look at &amp; Understand Great Art w/Marlene - 3M</b> 1:30 Outing: UC Berkeley Botanical Garden 4:00 Happy Hour - Wine &amp; Cheese - LO 6:30 Documentary: Mr. Warmth: The Don Rickles Project - 3M</p>	<p>9:30 Walk 9:30 Morning Affirmations - M 10:00 Qi Gong Class - 3A 10:00 Rosary Group - M 11:00 Current Events &amp; Hot Topics - 3A 2:00 Literature - 3A 3:00 Sudoku - 3A 6:30 <b>WU: Opera Appreciation - 3M</b></p>	<p>9:30 Walk 9:30 Morning Affirmations - M 10:00 Expressions Thru Fine Arts - CR 11:00 Balance Thru Dance w/Marika -3A 2:00 <b>WU: Lost Worlds of South America -3M</b> 4:00 Bingo - C 6:30 Friday Night Movie - 3M</p>	<p>9:30 Walk 9:30 Morning Affirmations - M 10:00 Scribble &amp; Nibble - A 11:15 Women's Group - 3A 1:30 <b>WU: Spanish for Beginners with Murray - 3A</b> 3:00 Scenic Drive 6:30 Saturday Night Movie - 3M</p>
<p>9:30 Walk 10:00 Current Events &amp; Hot Topics - 3A 11:00 Movement Thru Dance- 3A 2:00 Music by the Bay: Tradewinds Duo - LO 4:00 <b>WU: Science Times with Linda &amp; Marlene - 3A</b> 6:30 Sunday at the Movies -3M</p>	<p>9:30 Walk 10:00 Get Fit With Jason - 3A 11:00 Brain Games - 3A 3:00 <b>WU: Musicals: Hollywood Musicals - 3M</b> 4:00 Armchair Adventures: Mystery of the Nile - 3M 6:30 Monday Night Movie - 3M 6:30 Bridge Night - 5L</p>	<p>9:30 Walk 9:30 Morning Affirmations - M 10:00 Balance Through Dance - 3A 11:00 Art Studio Time - A 2:00 Games....Games...Games - 3A 3:30 Entertainment: Danny Allen - LO 6:30 Tuesday Night Movie - 3M</p>	<p>9:30 Walk 9:30 Morning Affirmations - M 10:00 Smile &amp; Sway - 3M 11:00 <b>WU: How to Look at &amp; Understand Great Art w/Marlene - 3M</b> 1:30 Outing: Fenton's Creamery 4:00 Happy Hour - Wine &amp; Cheese - LO 6:30 Documentary: The Hobart Shakespeareans- 3M</p>	<p>9:30 Walk 9:30 Morning Affirmations - M 10:00 Qi Gong Class - 3A 10:00 Rosary Group - M 11:00 Current Events &amp; Hot Topics - 3A 1:30 Japanese Eldercare Visitors 6:30 <b>WU: Opera Appreciation - 3M</b></p>	<p>9:30 Walk 9:30 Morning Affirmations - M 10:00 Donuts with Nancy - C 11:00 Balance Thru Dance w/Marika -3A 2:00 <b>WU: Lost Worlds of South America -3M</b> 4:00 Bingo - C 6:30 Friday Night Movie - 3M</p>	<p>9:30 Walk 9:30 Morning Affirmations - M 10:00 Scribble &amp; Nibble - A 11:15 Women's Group - 3A 1:30 <b>WU: Spanish for Beginners with Murray - 3A</b> 3:00 Scenic Drive 6:30 Saturday Night Movie - 3M</p>
<p>9:30 Walk 10:00 Current Events &amp; Hot Topics - 3A 11:00 Movement Thru Dance- 3A 11:00 Champagne Brunch 2:00 Music by the Bay: Larry Stefl Trio - LO 4:00 <b>WU: Science Times with Linda &amp; Marlene - 3A</b> 6:30 Sunday at the Movies -3M</p>	<p>9:30 Walk 10:00 Get Fit With Jason - 3A 11:00 Brain Games - 3A 3:00 <b>WU: Musicals: Hollywood Musicals - 3M</b> 4:00 Armchair Adventures: Direct from the Moon - 3M 6:30 Monday Night Movie - 3M 6:30 Bridge Night - 5L</p>	<p>9:30 Walk 9:30 Morning Affirmations - M 10:00 Balance Through Dance - 3A 11:00 Art Studio Time - A 2:00 Games....Games...Games - 3A 3:30 Entertainment: Barbara Alexander-LO 6:30 Tuesday Night Movie - 3M</p>	<p>9:30 Walk 9:30 Morning Affirmations - M 10:00 Smile &amp; Sway - 3M 11:00 <b>WU: How to Look at &amp; Understand Great Art w/Marlene - 3M</b> 1:30 Outing: Miniature Golf 4:00 Happy Hour - Wine &amp; Cheese LO 6:30 Documentary: Sunshine Superman - 3M</p>	<p>9:30 Walk 9:30 Morning Affirmations - M 10:00 Qi Gong Class -3A 10:00 Rosary Group - M 11:00 Current Events &amp; Hot Topics - 3A 2:00 Literature - 3A 3:00 Sudoku - 3A 6:30 <b>WU: Opera Appreciation - 3M</b></p>	<p>9:30 Walk 9:30 Morning Affirmations - M 10:00 Expressions Thru Fine Arts - CR 11:00 Balance Thru Dance w/Marika -3A 2:00 <b>WU: Lost Worlds of South America -3M</b> 4:00 Bingo - C 6:30 Friday Night Movie - 3M</p>	<p>9:30 Walk 9:30 Morning Affirmations - M 10:00 Scribble &amp; Nibble - A 11:15 Women's Group - 3A 1:30 <b>WU: Spanish for Beginners with Murray - 3A</b> 3:00 Scenic Drive 6:30 Saturday Night Movie - 3M</p>
<p>9:30 Walk 10:00 Current Events &amp; Hot Topics - 3A 11:00 Movement Thru Dance- 3A 2:00 Music by the Bay: Bob Schoen Trio - LO 4:00 <b>WU: Science Times with Linda &amp; Marlene - 3A</b> 6:30 Sunday at the Movies -3M</p>	<p>9:30 Walk 10:00 Get Fit With Jason - 3A 11:00 Brain Games - 3A 2:00 Dining Services Meeting - C 2:30 Resident Council Meeting - C 3:00 <b>WU: Musicals: Broadway Legends: Kander &amp; Ebb- 3M</b> 4:00 Armchair Adventures Bryce Canyon and Zion National Parks - 3M 6:30 Monday Night Movie - 3M</p>	<p>9:30 Walk 9:30 Morning Affirmations - M 10:00 Balance Through Dance - 3A 11:00 Art Studio Time - A 2:00 Games....Games...Games - 3A 3:30 Entertainment: Chuck &amp; Sylvia - LO 6:30 Tuesday Night Movie - 3M</p>	<p>9:30 Walk 9:30 Morning Affirmations - M 10:00 Smile &amp; Sway - 3M 11:00 <b>WU: How to Look at &amp; Understand Great Art w/Marlene - 3M</b> 1:30 Outing: Crab Cover Visitor Center 4:00 Happy Hour - Wine &amp; Cheese LO 6:30 Documentary: Food, Inc. - 3M</p>	<p>9:30 Walk 9:30 Morning Affirmations - M 10:00 Qi Gong Class - 3A 10:00 Rosary Group - M 11:00 Current Events &amp; Hot Topics - 3A 2:00 Literature - 3A 3:00 Sudoku - 3A 6:30 <b>WU: Opera Appreciation - 3M</b></p>	<p>9:30 Walk 9:30 Morning Affirmations - M 10:00 Expressions Thru Fine Arts - CR 11:00 Balance Thru Dance w/Marika -3A 2:30 <b>Ice Cream Social - 2A</b> 4:00 Bingo - C 6:30 Friday Night Movie - 3M</p>	<p>9:30 Walk 9:30 Morning Affirmations - M 10:00 Scribble &amp; Nibble - A 11:15 Women's Group - 3A 1:30 <b>WU: Spanish for Beginners with Murray - 3A</b> 3:00 Scenic Drive 6:30 Saturday Night Movie - 3M</p>
<p>9:30 Walk 10:00 Current Events &amp; Hot Topics - 3A 11:00 Movement Thru Dance- 3A 2:00 Music by the Bay: Bobby Weinapple and Friends - LO 4:00 <b>WU: Science Times with Linda &amp; Marlene - 3A</b> 6:30 Sunday at the Movies -3M</p>	<p>9:30 Walk 10:00 Get Fit With Jason - 3A 11:00 Brain Games - 3A 3:00 <b>WU: Musicals: Broadway Legends: Alan Jay Lerner - 3M</b> 4:00 Armchair Adventures: Rome &amp; the Vatican Galleries- 3M 6:30 Monday Night Movie - 3M 6:30 Bridge Night - 5L</p>	<p>9:30 Walk 9:30 Morning Affirmations - M 10:00 Balance Through Dance - 3A 11:00 Art Studio Time - A 2:00 Games....Games...Games - 3A 3:30 Entertainment: David &amp; Erica - LO 6:30 Tuesday Night Movie - 3M</p>	<p>9:30 Walk 9:30 Morning Affirmations - M 10:00 Smile &amp; Sway - 3M 11:00 <b>WU: How to Look at &amp; Understand Great Art w/Marlene - 3M</b> 1:30 Outing: Abrams Claghorn Gallery 4:00 Town Hall Meeting / Happy Hour Wine &amp; Cheese - LO 6:30 Documentary: Blackfish - 3M</p>	<p>9:30 Walk 9:30 Morning Affirmations - M 10:00 Qi Gong Class - 3A 10:00 Rosary Group - M 11:00 Current Events &amp; Hot Topics - 3A 2:00 Literature - 3A 3:00 Sudoku - 3A 6:30 <b>WU: Opera Appreciation - 3M</b></p>		

**ACTIVITY LOCATOR KEY**

- A - Art Room
- C - Cafe
- DR - Dining Room
- L - Library
- LO - Lobby
- 2A - 2nd Floor Activity Room
- 2 Atrium - 2nd Floor Atrium
- 3A - 3rd Floor - Activity Room
- 3M - 3rd Floor Movie Room
- M - Meditation Room
- W - Wellness Center
- 4L - Forth Floor Lounge
- 5L - Fifth Floor Lounge

# AUGUST 2017

*Assisted Living*