

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>We strive to follow our calendar, but sometimes activities will change. Please check "Today's Happenings" posted around the community for any changes that have been made.</p> <p>Thank you.</p>	<p>WU: Watermark University</p>				<p>9:30 Walk</p> <p>9:30 Morning Affirmations - M</p> <p>10:00 Expressions Thru Fine Arts - CR</p> <p>11:00 Balance Thru Dance w/Marika -3A</p> <p>2:00 WU: Musicals : Hollywood Musicals of the 1960's (part 2) - 3M</p> <p>4:00 Bingo - C</p> <p>6:30 Friday Night Movie - 3M</p>	<p>9:30 Walk</p> <p>9:30 Morning Affirmations - M</p> <p>10:00 Scribble & Nibble - A</p> <p>11:15 Women's Group - 3A</p> <p>1:30 WU: Spanish for Beginners with Murray - 3A</p> <p>3:00 Scenic Drive</p> <p>6:30 Saturday Night Movie - 3M</p>
<p>9:30 Walk</p> <p>10:00 Current Events & Hot Topics - 3A</p> <p>11:00 Movement Thru Dance - 3A</p> <p>2:00 Music by the Bay: Moonglow - LO</p> <p>4:00 WU: Science Times with Linda & Marlene - 3A</p> <p>6:30 Sunday at the Movies -3M</p>	<p>9:30 Walk</p> <p>10:00 Get Fit With Jason - 3A</p> <p>11:00 Brain Fitness Games - 3A</p> <p>12:30 Labor Day BBQ - 2 Atrium</p> <p>3:00 Armchair Adventures: A Traveler's Guide to Italy - 3M</p> <p>4:00 Literature - 3A</p> <p>6:30 Monday Night Movie 3M</p> <p>6:30 Bridge Night - 5L</p> <p>Labor Day</p>	<p>9:30 Walk</p> <p>9:30 Morning Affirmations - M</p> <p>10:00 Balance Through Dance - 3A</p> <p>11:00 Art Studio Time - A</p> <p>11:00 WU: Poetry with Linda - 3CR</p> <p>2:00 Games....Games...Games - 3A</p> <p>3:30 Entertainment: Mary Boutte - LO</p> <p>6:30 Tuesday Night Movie - 3M</p>	<p>9:30 Walk</p> <p>9:30 Morning Affirmations - M</p> <p>10:00 Smile & Sway - 3M</p> <p>11:00 WU: Art in the 21st Century with Marlene - 3M</p> <p>1:30 Outing: UC Botanical Gardens</p> <p>4:00 Happy Hour - Wine & Cheese - LO</p> <p>6:30 Documentary: Forks Over Knives - 3M</p>	<p>9:30 Walk</p> <p>9:30 Morning Affirmations - M</p> <p>10:00 Qi Gong Class - 3A</p> <p>10:00 Rosary Group - M</p> <p>11:00 Today's Good News - 3A</p> <p>2:00 Straight Talk - 3A</p> <p>3:00 Sudoku - 3A</p> <p>6:30 WU: Opera Appreciation - 3M</p>	<p>9:30 Walk</p> <p>9:30 Morning Affirmations - M</p> <p>10:00 Expressions Thru Fine Arts - CR</p> <p>11:00 Balance Thru Dance w/Marika -3A</p> <p>2:00 WU: Concerts with Krasaundra: Judy Garland at the Palladium - 3M</p> <p>4:00 Bingo - C</p> <p>6:30 Friday Night Movie - 3M</p>	<p>9:30 Walk</p> <p>9:30 Morning Affirmations - M</p> <p>10:00 Scribble & Nibble - A</p> <p>11:15 Women's Group - 3A</p> <p>1:30 WU: Spanish for Beginners with Murray - 3A</p> <p>3:00 Scenic Drive</p> <p>6:30 Saturday Night Movie - 3M</p>
<p>9:30 Walk</p> <p>10:00 Current Events & Hot Topics - 3A</p> <p>11:00 Movement Thru Dance - 3A</p> <p>11:00 Champagne Brunch</p> <p>2:00 Music by the Bay: The Love Handles - LO</p> <p>4:00 WU: Science Times with Linda & Marlene - 3A</p> <p>6:30 Sunday at the Movies -3M</p>	<p>9:30 Walk</p> <p>10:00 Get Fit With Jason - 3A</p> <p>11:00 Brain Fitness Games - 3A</p> <p>3:00 WU: TED Talks with Marlene - 3M</p> <p>4:00 Literature - 3A</p> <p>6:30 Family Feud Game Show - 3M</p> <p>6:30 Bridge Night - 5L</p>	<p>9:30 Walk</p> <p>9:30 Morning Affirmations - M</p> <p>10:00 Balance Through Dance - 3A</p> <p>11:00 WU: Berkeley Rep Presentation: Ain't too Proud - 3M</p> <p>2:00 Games....Games...Games - 3A</p> <p>3:30 Entertainment: Fred McCarty -LO</p> <p>6:30 Tuesday Night Movie - 3M</p>	<p>9:30 Walk</p> <p>9:30 Morning Affirmations - M</p> <p>10:00 Smile & Sway - 3M</p> <p>11:00 WU: Art in the 21st Century with Marlene - 3M</p> <p>1:00 Outing: USS Potomac</p> <p>4:00 Happy Hour - Wine & Cheese LO</p> <p>6:30 Documentary: All Things Must Pass - 3M</p>	<p>9:30 Walk</p> <p>9:30 Morning Affirmations - M</p> <p>10:00 Qi Gong Class -3A</p> <p>10:00 Rosary Group - M</p> <p>11:00 Today's Good News - 3A</p> <p>2:00 Straight Talk - 3A</p> <p>3:00 Sudoku - 3A</p> <p>6:30 WU: Opera Appreciation - 3M</p>	<p>9:30 Walk</p> <p>9:30 Morning Affirmations - M</p> <p>10:00 Donuts with Nancy - C</p> <p>11:00 Balance Thru Dance w/Marika -3A</p> <p>2:00 WU: Concerts with Krasaundra: The Four Freshman - 3M</p> <p>3:00 Men's Group: Poker with Aviad - 3A</p> <p>4:00 Bingo - C</p> <p>6:30 Friday Night Movie - 3M</p>	<p>9:30 Walk</p> <p>9:30 Morning Affirmations - M</p> <p>10:00 Scribble & Nibble - A</p> <p>11:15 Women's Group - 3A</p> <p>1:30 WU: Spanish for Beginners with Murray - 3A</p> <p>3:00 Scenic Drive</p> <p>6:30 Saturday Night Movie - 3M</p>
<p>9:30 Walk</p> <p>10:00 Current Events & Hot Topics - 3A</p> <p>11:00 Movement Thru Dance - 3A</p> <p>2:00 Music by the Bay: Medicine Ball Duo - LO</p> <p>4:00 WU: Science Times with Linda & Marlene - 3A</p> <p>6:30 Sunday at the Movies -3M</p>	<p>9:30 Walk</p> <p>10:00 Get Fit With Jason - 3A</p> <p>11:00 Brain Fitness Games - 3A</p> <p>2:00 Dining Services Meeting - C</p> <p>2:30 Resident Council Meeting - C</p> <p>3:00 WU: TED Talks with Marlene - 3M</p> <p>4:00 Literature - 3A</p> <p>6:30 The Price is Right - 3M</p> <p>6:30 Bridge Night - 5L</p>	<p>9:30 Walk</p> <p>9:30 Morning Affirmations - M</p> <p>10:00 Balance Through Dance - 3A</p> <p>11:00 Art Studio Time - A</p> <p>11:00 WU: Poetry with Linda - 3CR</p> <p>2:00 Games....Games...Games - 3A</p> <p>3:30 Entertainment: - LO</p> <p>6:30 Tuesday Night Movie - 3M</p>	<p>9:30 Walk</p> <p>9:30 Morning Affirmations - M</p> <p>10:00 Smile & Sway - 3M</p> <p>11:00 WU: Art in the 21st Century with Marlene - 3M</p> <p>1:30 Outing: Dollar Store - Moraga</p> <p>4:00 Happy Hour - Wine & Cheese LO</p> <p>6:30 Documentary: Power and Terror: Noam Chomsky in Our Times - 3M</p>	<p>9:30 Walk</p> <p>9:30 Morning Affirmations - M</p> <p>10:00 Qi Gong Class - 3A</p> <p>10:00 Rosary Group - M</p> <p>11:00 Today's Good News - 3A</p> <p>2:00 Straight Talk - 3A</p> <p>3:00 Sudoku - 3A</p> <p>6:30 WU: Opera Appreciation - 3M</p>	<p>9:30 Walk</p> <p>9:30 Morning Affirmations - M</p> <p>10:00 Expressions Thru Fine Arts - CR</p> <p>11:00 Balance Thru Dance w/Marika -3A</p> <p>2:00 Ice Cream Social - 2A</p> <p>3:00 Bingo - C</p> <p>4:00 WU: Rosh Hashanah Celebration - C</p> <p>6:30 Friday Night Movie - 3M</p>	<p>9:30 Walk</p> <p>9:30 Morning Affirmations - M</p> <p>10:00 Scribble & Nibble - A</p> <p>11:15 Women's Group - 3A</p> <p>1:30 WU: Spanish for Beginners with Murray - 3A</p> <p>3:00 Scenic Drive</p> <p>6:30 Saturday Night Movie - 3M</p>
<p>9:30 Walk</p> <p>10:00 Current Events & Hot Topics - 3A</p> <p>11:00 Movement Thru Dance - 3A</p> <p>2:00 Music by the Bay: The Good Intentions - LO</p> <p>4:00 WU: Science Times with Linda & Marlene - 3A</p> <p>6:30 Sunday at the Movies -3M</p>	<p>9:30 Walk</p> <p>10:00 Get Fit With Jason - 3A</p> <p>11:00 Brain Fitness Games - 3A</p> <p>3:00 WU: TED Talks with Marlene - 3M</p> <p>4:00 Literature - 3A</p> <p>6:30 Jeopardy - 3M</p> <p>6:30 Bridge Night - 5L</p>	<p>9:30 Walk</p> <p>9:30 Morning Affirmations - M</p> <p>10:00 Balance Through Dance - 3A</p> <p>11:00 Art Studio Time - A</p> <p>11:00 WU: Poetry with Linda - 3CR</p> <p>2:00 Games....Games...Games - 3A</p> <p>3:30 Entertainment: - LO</p> <p>6:30 Tuesday Night Movie - 3M</p>	<p>9:30 Walk</p> <p>9:30 Morning Affirmations - M</p> <p>10:00 Smile & Sway - 3M</p> <p>11:00 WU: Art in the 21st Century with Marlene - 3M</p> <p>1:30 Outing: Asian Art Museum</p> <p>4:00 Town Hall Meeting / Happy Hour Wine & Cheese - LO</p> <p>6:30 Documentary: Religulous - 3M</p>	<p>9:30 Walk</p> <p>9:30 Morning Affirmations - M</p> <p>10:00 Qi Gong Class - 3A</p> <p>10:00 Rosary Group - M</p> <p>11:00 Today's Good News - 3A</p> <p>2:00 Straight Talk - 3A</p> <p>3:00 Sudoku - 3A</p> <p>6:30 WU: Opera Appreciation - 3M</p>	<p>9:30 Walk</p> <p>9:30 Morning Affirmations - M</p> <p>10:00 Expressions Thru Fine Arts - CR</p> <p>11:00 Balance Thru Dance w/Marika -3A</p> <p>2:00 WU: Concerts with Krasaundra: Sarah Vaughn and other Divas - 3M</p> <p>3:00 Men's Group: Poker with Aviad - 3A</p> <p>3:00 Bingo - C</p> <p>4:00 Yom Kippur Observance - C</p> <p>6:30 Friday Night Movie - 3M</p>	<p>9:30 Walk</p> <p>9:30 Morning Affirmations - M</p> <p>10:00 Scribble & Nibble - A</p> <p>11:15 Women's Group - 3A</p> <p>1:30 WU: Spanish for Beginners with Murray - 3A</p> <p>3:00 Scenic Drive</p> <p>6:30 Saturday Night Movie - 3M</p>
<h1>SEPTEMBER 2017</h1> <p><i>Assisted Living</i></p>				<p>ACTIVITY LOCATOR KEY</p> <p>A - Art Room C - Cafe DR - Dining Room L - Library LO - Lobby 2A - 2nd Floor Activity Room 2 Atrium - 2nd Floor Atrium</p>		<p>3A - 3rd Floor - Activity Room 3CR - 3rd Floor - Carpe Diem Room 3M - 3rd Floor Movie Room M - Meditation Room W - Wellness Center 4L - Forth Floor Lounge 5L - Fifth Floor Lounge</p>