

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Schedule Subject to Change</p> <p>WU: Watermark University</p>					<p>9:30 Morning Moves/Daily Affirmations</p> <p>10:00 Neighborhood Walk</p> <p>10:30 Let's Laugh Out Loud</p> <p>11:00 Music with Bob & Catherine</p> <p>2:00 Dance to the Music</p> <p>3:00 Cooking and Baking</p> <p>4:00 Social Circle / Mandalas</p> <p>6:30 Evening Movie</p>	<p>9:30 Morning Moves/Daily Affirmations</p> <p>10:30 Current Events & Hot Topics</p> <p>11:00 Word Games</p> <p>2:00 Saturday Songs</p> <p>3:00 Saturday Cinema</p> <p>4:30 Afternoon Moves</p> <p>6:30 Fun with Forbi</p>
<p>9:30 Morning Moves/Daily Affirmations</p> <p>10:30 Current Events & Hot Topics</p> <p>11:00 WU: Women of the Bible with Glenda</p> <p>2:00 Music by the Bay: Moonglow - LO</p> <p>2:00 Dance To the Music</p> <p>3:00 Sing Out Loud</p> <p>4:00 Caption This</p> <p>6:30 Sunday Night at the Movies</p>	<p>9:30 Morning Moves/Daily Affirmations</p> <p>10:15 Chair Zumba</p> <p>11:00 WU: Science Times w/Linda</p> <p>12:30 Labor Day BBQ</p> <p>2:00 Chit Chat: Origins of Every Day Things</p> <p>2:30 Music Exploration w/Lior</p> <p>3:30 Lawn Games</p> <p>4:30 Afternoon Stretch</p> <p>6:30 Bingo</p> <p>Labor Day</p>	<p>9:30 Morning Moves/Daily Affirmations</p> <p>10:00 Scenic Drive</p> <p>10:00 WU: Literature & Poetry w/Linda</p> <p>11:15 Fitness & Stretch</p> <p>2:00 Games on the Deck</p> <p>3:00 Adult Coloring</p> <p>4:00 Clue Trivia</p> <p>4:30 Concert: Mary Boutte</p> <p>6:30 Evening Movie</p>	<p>9:30 Morning Moves/Daily Affirmations</p> <p>10:00 WU: Art in the 21st Century with Marlene</p> <p>11:00 Music Exploration w/ Lior</p> <p>2:00 Cooking & Baking: Trifle</p> <p>3:30 Chair Yoga</p> <p>4:00 Sing-A-Long</p> <p>6:30 ABC Word Game</p>	<p>9:30 Morning Moves/Daily Affirmations</p> <p>10:00 Scenic Drive</p> <p>10:15 Dance and Movement</p> <p>11:00 Story Telling</p> <p>2:00 Arts & Crafts</p> <p>3:00 Word Search</p> <p>3:30 Happy Hour: Wine & Cheese</p> <p>6:30 I Love Lucy</p>	<p>9:30 Morning Moves/Daily Affirmations</p> <p>10:00 Neighborhood Walk</p> <p>10:30 Let's Laugh Out Loud</p> <p>11:00 WU: Concerts with Krasaundra</p> <p>2:00 Gardening</p> <p>3:30 Birthday Party Special</p> <p>6:30 Evening Movie</p>	<p>9:30 Morning Moves/Daily Affirmations</p> <p>10:30 Current Events & Hot Topics</p> <p>11:00 Word Games</p> <p>2:00 Saturday Songs with Todd</p> <p>3:00 Saturday Cinema</p> <p>4:30 Afternoon Moves</p> <p>6:30 Fun with Forbi</p>
3	4	5	6	7	8	9
<p>9:30 Morning Moves/Daily Affirmations</p> <p>10:30 Current Events & Hot Topics</p> <p>11:00 WU: Women of the Bible with Glenda</p> <p>2:00 Music by the Bay: The Love Handles - LO</p> <p>2:00 Dance To the Music</p> <p>3:00 Sing Out Loud</p> <p>4:00 Caption This</p> <p>6:30 Sunday Night at the Movies</p>	<p>9:30 Morning Moves/Daily Affirmations</p> <p>10:30 Current Events & Hot Topics</p> <p>11:00 WU: Science Times w/Linda</p> <p>2:00 Chit Chat: Origins of Every Day Things</p> <p>2:30 Music Exploration w/Lior</p> <p>3:30 Water Colors</p> <p>4:30 Afternoon Stretch</p> <p>6:30 Easy Does It Trivia with Joey</p>	<p>9:30 Morning Moves/Daily Affirmations</p> <p>10:00 Scenic Drive</p> <p>10:00 WU: Literature & Poetry w/Linda</p> <p>11:00 Dean Martin Comedy Hour</p> <p>2:00 Armchair Adventures</p> <p>3:00 Classic Rock & Mandalas</p> <p>4:00 Clue Trivia</p> <p>4:30 Concert: Fred McCarty</p> <p>6:30 Evening Movie</p>	<p>9:30 Morning Moves/Daily Affirmations</p> <p>10:00 WU: Art in the 21st Century with Marlene</p> <p>11:00 Music Exploration w/ Lior</p> <p>2:00 Get Up & Dance</p> <p>3:00 WU: Music Appreciation with Resa</p> <p>4:00 Beach Ball Volleyball</p> <p>6:30 ABC Word Game with Forbi</p>	<p>9:30 Morning Moves/Daily Affirmations</p> <p>10:00 Scenic Drive</p> <p>10:00 Table Topics</p> <p>11:00 Puzzles</p> <p>2:00 Study of the Psalms</p> <p>3:00 Word Search</p> <p>3:30 Happy Hour: Wine & Cheese</p> <p>6:30 I Love Lucy</p>	<p>9:30 Morning Moves/Daily Affirmations</p> <p>10:00 Neighborhood Walk</p> <p>10:30 Let's Laugh Out Loud</p> <p>11:00 WU: Concerts with Krasaundra</p> <p>2:00 Social Circle / Mandalas</p> <p>2:00 Dance to the Music</p> <p>3:00 Cooking and Baking</p> <p>4:00 Social Circle / Mandalas</p> <p>6:30 Evening Movie</p>	<p>9:30 Morning Moves/Daily Affirmations</p> <p>10:30 Current Events & Hot Topics</p> <p>11:00 Word Games</p> <p>2:00 Saturday Songs</p> <p>3:00 Saturday Cinema</p> <p>4:30 Afternoon Moves</p> <p>6:30 Fun with Forbi</p>
10	11	12	13	14	15	16
<p>9:30 Morning Moves/Daily Affirmations</p> <p>10:30 Current Events & Hot Topics</p> <p>11:00 WU: Women of the Bible with Glenda</p> <p>2:00 Music by the Bay: Medicine Ball - LO</p> <p>2:00 Dance To the Music</p> <p>3:00 Sing Out Loud</p> <p>4:00 Caption This</p> <p>6:30 Sunday Night at the Movies</p>	<p>9:30 Morning Moves/Daily Affirmations</p> <p>10:15 Chair Zumba</p> <p>11:00 WU: Science Times w/Linda</p> <p>2:00 Chit Chat: Origins of Every Day Things</p> <p>2:30 Music Exploration w/Lior</p> <p>3:30 Arts & Crafts: Button Bowls</p> <p>4:30 Afternoon Stretch</p> <p>6:30 Bowling</p>	<p>9:30 Morning Moves/Daily Affirmations</p> <p>10:00 Scenic Drive</p> <p>10:00 WU: Literature & Poetry w/Linda</p> <p>11:15 Fitness & Stretch</p> <p>2:00 Story Telling</p> <p>3:00 Puzzles</p> <p>4:30 Concert: Frank Cefalu</p> <p>6:30 Evening Movie</p>	<p>9:30 Morning Moves/Daily Affirmations</p> <p>10:00 WU: Art in the 21st Century with Marlene</p> <p>11:00 Music Exploration w/ Lior</p> <p>2:00 Cooking & Baking: Ice Cream Pie</p> <p>3:30 Sensory Hour</p> <p>6:30 ABC Word Game</p>	<p>9:30 Morning Moves/Daily Affirmations</p> <p>10:00 Scenic Drive</p> <p>10:15 Dance & Movement</p> <p>11:00 Story Telling</p> <p>2:00 Arts & Crafts</p> <p>3:00 Word Search</p> <p>3:30 Happy Hour: Wine & Cheese</p> <p>6:30 I Love Lucy</p>	<p>9:30 Morning Moves/Daily Affirmations</p> <p>10:00 Neighborhood Walk</p> <p>10:30 Let's Laugh Out Loud</p> <p>11:00 WU: Concerts with Krasaundra</p> <p>2:00 Ice Cream Social</p> <p>3:00 Sand Castles</p> <p>6:30 Evening Movie</p>	<p>9:30 Morning Moves/Daily Affirmations</p> <p>10:30 Current Events & Hot Topics</p> <p>11:00 Movement & Dance</p> <p>2:00 Saturday Songs</p> <p>3:00 Word Games</p> <p>4:30 Afternoon Moves</p> <p>6:30 Fun with Forbi</p>
17	18	19	20	21	22	23
<p>9:30 Morning Moves/Daily Affirmations</p> <p>10:30 Current Events & Hot Topics</p> <p>11:00 WU: Women of the Bible with Glenda</p> <p>2:00 Music by the Bay: The Good Intentions - LO</p> <p>2:00 Dance To the Music</p> <p>3:00 Sing Out Loud</p> <p>4:00 Caption This</p> <p>6:30 Sunday Night at the Movies</p>	<p>9:30 Morning Moves/Daily Affirmations</p> <p>10:15 Chair Zumba</p> <p>11:00 Music with Bob & Catherine</p> <p>2:00 Chit Chat: Origins of Every Day Things</p> <p>2:30 Music Exploration w/Lior</p> <p>3:30 Playing with Clay</p> <p>4:30 Afternoon Stretch</p> <p>6:30 Bingo</p>	<p>9:30 Morning Moves/Daily Affirmations</p> <p>10:00 Scenic Drive</p> <p>10:00 WU: Literature & Poetry w/Linda</p> <p>11:00 Popcorn on the Deck</p> <p>2:00 Painting</p> <p>3:00 Classic Rock & Mandalas</p> <p>4:00 Clue Trivia</p> <p>4:30 Concert: Richard Hawkins</p> <p>6:30 Evening Movie</p>	<p>9:30 Morning Moves/Daily Affirmations</p> <p>10:00 WU: Art in the 21st Century with Marlene</p> <p>11:00 Music Exploration w/ Lior</p> <p>2:00 Cooking & Baking: Parfaits</p> <p>3:30 Chair Yoga</p> <p>4:00 Sing-A-Long</p> <p>6:30 ABC Word Game</p>	<p>9:30 Morning Moves/Daily Affirmations</p> <p>10:00 Scenic Drive</p> <p>10:00 Table Topics</p> <p>11:00 Puzzles</p> <p>2:00 Arts & Crafts</p> <p>3:00 Word Search</p> <p>3:30 Happy Hour: Wine & Cheese</p> <p>6:30 I Love Lucy</p>	<p>9:30 Morning Moves/Daily Affirmations</p> <p>10:00 Neighborhood Walk</p> <p>10:30 Let's Laugh Out Loud</p> <p>11:00 WU: Concerts with Krasaundra</p> <p>2:00 Mandalas & Classic Rock</p> <p>3:30 Ice Cream Social on the Patio</p> <p>3:30 Gardening</p> <p>6:30 Evening Movie</p>	<p>9:30 Morning Moves/Daily Affirmations</p> <p>10:30 Current Events & Hot Topics</p> <p>11:00 Movement & Dance</p> <p>2:00 Saturday Songs</p> <p>3:00 Word Games</p> <p>4:30 Afternoon Moves</p> <p>6:30 Fun with Forbi</p>
24	25	26	27	28	29	30
				<p>ACTIVITY LOCATOR KEY</p> <p>2A - 2nd Floor Small Activity Room</p> <p>2B - 2nd Floor Back Activity Room</p> <p>2D - 2nd Floor Dining Room</p> <p>2P - 2nd Floor Plaza</p> <p>3B - 3rd Floor Movie Room</p> <p>L - Library</p> <p>LO - Lobby</p> <p>C - Café</p>		
<p>SEPTEMBER 2017</p> <p><i>The Gardens</i></p>						