

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<p>9:30 Walk 10:00 Get Fit With Jason - 3A 11:00 Brain Fitness Games - 3A 2:00 WU: Japanese New Year Festival with Ainsley - 3A 3:00 WU: TED Talks with Marlene - 3M 4:00 Literature - 3A 6:30 Jeopardy / Games Shows - 3M 6:30 Bridge Night - 5L New Year's Day</p> <p style="text-align: right;">1</p>	<p>9:30 Walk 9:30 Morning Affirmations - M 10:00 Balance Through Dance - 3A 11:00 Art Studio Time - A 11:00 WU: Poetry with Linda - 3CR 2:00 Games....Games...Games - 3A 3:30 Entertainment: Mary Boutte - LO 6:30 Tuesday Night Movie - 3M</p> <p style="text-align: right;">2</p>	<p>9:30 Walk 9:30 Morning Affirmations - M 10:00 Smile & Sway - 3M 11:00 WU: Art with Marlene: Simon Schama: The Power of Art - 3M 1:00 Outing: Legion of Honor: Klimt & Rodin - SF 4:00 Town Hall Meeting / Happy Hour - LO 6:30 Documentary: Zeitgeist: The Movie - 3M</p> <p style="text-align: right;">3</p>	<p>9:30 Walk 9:30 Morning Affirmations - M 10:00 Seated Tai Chi - 3M 10:00 Rosary Group - M 11:00 Current Events & Hot Topics - 3A 2:00 Expressions Thru Fine Arts - 3A 3:00 Sudoku - 3A 6:30 WU: Opera Appreciation - 3M</p> <p style="text-align: right;">4</p>	<p>9:30 Walk 9:30 Morning Affirmations - M 10:00 Straight Talk - 3A 11:00 Balance Thru Dance with Marika - 3A 2:00 WU: Concerts with Krasaundra: Olivia Newton-John and the Sydney Symphony (part 1) - 3M 3:00 Bingo - C 4:00 WU: Celebrating Shabbat w/Resa - L 6:30 Friday Night Movie - 3M</p> <p style="text-align: right;">5</p>	<p>9:30 Walk 9:30 Morning Affirmations - M 10:00 Scribble & Nibble - C 11:00 Chit/Chat in the Cafe 1:30 WU: Spanish for Beginners with Murray - 3A 3:00 Scenic Drive 6:30 Saturday Night Movie - 3M</p> <p style="text-align: right;">6</p>
<p>9:30 Walk 10:00 Current Events & Hot Topics - 3A 11:00 Women of Words - 3A 2:00 Music by the Bay: Moonglow - LO 4:00 WU: Science Times with Linda & Marlene - 3A 6:30 Sunday at the Movies -3M</p> <p style="text-align: right;">7</p>	<p>9:30 Walk 10:00 Get Fit With Jason - 3A 11:00 Brain Fitness Games - 3A 2:00 Where in the World Is...3M 3:00 WU: TED Talks with Marlene - 3M 4:00 Literature - 3A 6:30 Jeopardy / Games Shows - 3M 6:30 Bridge Night - 5L</p> <p style="text-align: right;">8</p>	<p>9:30 Walk 9:30 Morning Affirmations - M 10:00 Balance Through Dance - 3A 11:00 Art Studio Time - A 11:00 WU: Poetry with Linda - 3CR 2:00 Games....Games...Games - 3A 3:30 Entertainment: Ethan Ostrow- LO 6:30 Tuesday Night Movie - 3M</p> <p style="text-align: right;">9</p>	<p>9:30 Walk 9:30 Morning Affirmations - M 10:00 Smile & Sway - 3M 11:00 WU: Art with Marlene: Simon Schama: The Power of Art - 3M 1:00 Outing: Goodwill Store - Albany 4:00 Happy Hour - Wine & Cheese - LO 6:30 Documentary: Constantine's Sword- 3M</p> <p style="text-align: right;">10</p>	<p>9:30 Walk 9:30 Morning Affirmations - M 10:00 Qi Gong Class - 3A 10:00 Rosary Group - M 11:00 Current Events & Hot Topics - 3A 2:00 Expressions Thru Fine Arts - 3A 3:00 Sudoku - 3A 6:30 WU: Opera Appreciation - 3M</p> <p style="text-align: right;">11</p>	<p>9:30 Walk 9:30 Morning Affirmations - M 10:00 Donuts with Nancy - C 11:00 Balance Thru Dance -3A 2:00 WU: Concerts with Krasaundra: Olivia Newton-John and the Sydney Symphony (part 2) - 3M 3:00 Sing -A Long - 3A 4:00 Bingo - C 6:30 Friday Night Movie - 3M</p> <p style="text-align: right;">12</p>	<p>9:30 Walk 9:30 Morning Affirmations - M 10:00 Scribble & Nibble - C 11:00 Chit/Chat in the Cafe 1:30 WU: Spanish for Beginners with Murray - 3A 3:00 Scenic Drive 6:30 Saturday Night Movie - 3M</p> <p style="text-align: right;">13</p>
<p>9:30 Walk 10:00 Current Events & Hot Topics - 3A 11:00 WU: Discovering Child Prodigies - 3M 11:00 Champagne Brunch 2:00 Music by the Bay: Chuck & Sylvia LO 4:00 WU: Science Times with Linda & Marlene - 3A 6:30 Sunday at the Movies -3M</p> <p style="text-align: right;">14</p>	<p>9:30 Walk 10:00 Get Fit With Jason - 3A 11:00 Brain Fitness Games - 3A 2:00 Where in the World Is...3M 3:00 WU: TED Talks with Marlene - 3M 4:00 Literature - 3A 6:30 Martin Luther King: A Celebration of his Life - 3M 6:30 Bridge Night - 5L Martin Luther King Day</p> <p style="text-align: right;">15</p>	<p>9:30 Walk 9:30 Morning Affirmations - M 10:00 Balance Through Dance - 3A 11:00 Art Studio Time - A 11:00 WU: Poetry with Linda - 3CR 2:00 Games....Games...Games - 3A 3:30 Entertainment: Olivier Zyngier - LO 6:30 Tuesday Night Movie - 3M</p> <p style="text-align: right;">16</p>	<p>9:30 Walk 9:30 Morning Affirmations - M 10:00 Smile & Sway - 3M 11:00 WU: Art with Marlene: Simon Schama: The Power of Art - 3M 1:00 Outing: - Berkeley Museum 4:00 Happy Hour - Wine & Cheese LO 6:30 Documentary: Inside Hurricane Katrina - 3M</p> <p style="text-align: right;">17</p>	<p>9:30 Walk 9:30 Morning Affirmations - M 10:00 Qi Gong Class -3A 10:00 Rosary Group - M 11:00 Current Events & Hot Topics - 3A 2:00 Expressions Thru Fine Arts - 3A 3:00 Sudoku - 3A 6:30 WU: Opera Appreciation - 3M</p> <p style="text-align: right;">18</p>	<p>9:30 Walk 9:30 Morning Affirmations - M 10:00 Straight Talk - 3A 11:00 Balance Thru Dance w/Marika -3A 2:00 WU: Shakshuka with Aviad - 3A 3:00 WU: Concerts with Krasaundra: Dean Martin: Memories Are Made of This - 3M 4:00 Bingo - C 6:30 Friday Night Movie - 3M</p> <p style="text-align: right;">19</p>	<p>9:30 Walk 9:30 Morning Affirmations - M 10:00 Scribble & Nibble - C 11:00 Chit/Chat in the Cafe 1:30 WU: Spanish for Beginners with Murray - 3A 3:00 Scenic Drive 6:30 Saturday Night Movie - 3M</p> <p style="text-align: right;">20</p>
<p>9:30 Walk 10:00 Current Events & Hot Topics - 3A 11:00 Women of Words - 3A 2:00 Music by the Bay: Medicine Ball Duo - LO 4:00 WU: Science Times with Linda & Marlene - 3A 6:30 Sunday at the Movies -3M</p> <p style="text-align: right;">21</p>	<p>9:30 Walk 10:00 Get Fit With Jason - 3A 11:00 Brain Fitness Games - 3A 2:00 Dining Services Meeting - C 2:30 Resident Council Meeting - C 3:00 WU: TED Talks with Marlene - 3M 4:00 Literature - 3A 6:30 Jeopardy / Games Shows - 3M 6:30 Bridge Night - 5L</p> <p style="text-align: right;">22</p>	<p>9:30 Walk 9:30 Morning Affirmations - M 10:00 Balance Through Dance - 3A 11:00 Art Studio Time - A 11:00 WU: Poetry with Linda - 3CR 2:00 Games....Games...Games - 3A 3:30 Entertainment: Barbara Alexander - LO 6:30 Tuesday Night Movie - 3M</p> <p style="text-align: right;">23</p>	<p>9:30 Walk 9:30 Morning Affirmations - M 10:00 Smile & Sway - 3M 11:00 WU: Art with Marlene: Simon Schama: The Power of Art - 3M 1:30 Outing: Museum of the African Diaspora - SF 4:00 Happy Hour Wine & Cheese - LO 6:30 Documentary: Unbranded - 3M</p> <p style="text-align: right;">24</p>	<p>9:30 Walk 9:30 Morning Affirmations - M 10:00 Qi Gong Class - 3A 10:00 Rosary Group - M 11:00 Current Events & Hot Topics - 3A 2:00 Expressions Thru Fine Arts - 3A 3:00 Sudoku - 3A 5:00 Winter Wonderland Theme Dinner 6:30 WU: Opera Appreciation - 3M</p> <p style="text-align: right;">25</p>	<p>9:30 Walk 9:30 Morning Affirmations - M 10:00 Straight Talk - 3A 11:00 Balance Thru Dance w/Marika -3A 2:00 WU: Concerts with Krasaundra: Ray Charles: Live at the Olympia- 3M 3:00 Sing -A Long - 3A 4:00 Bingo - C 6:30 Friday Night Movie - 3M</p> <p style="text-align: right;">26</p>	<p>9:30 Walk 9:30 Morning Affirmations - M 10:00 Scribble & Nibble - C 11:00 Chit/Chat in the Cafe 1:30 WU: Spanish for Beginners with Murray - 3A 3:00 Scenic Drive 6:30 Saturday Night Movie - 3M</p> <p style="text-align: right;">27</p>
<p>9:30 Walk 10:00 Current Events & Hot Topics - 3A 11:00 WU: Discovering Child Prodigies - 3M 2:00 Music by the Bay: Michael Zilber Trio - LO 4:00 WU: Science Times with Linda & Marlene - 3A 6:30 Sunday at the Movies -3M</p> <p style="text-align: right;">28</p>	<p>9:30 Walk 10:00 Get Fit With Jason - 3A 11:00 Brain Fitness Games - 3A 2:00 Where in the World Is...3M 3:00 WU: TED Talks with Marlene - 3M 4:00 Literature - 3A 6:30 Jeopardy / Games Shows - 3M 6:30 Bridge Night - 5L</p> <p style="text-align: right;">29</p>	<p>9:30 Walk 9:30 Morning Affirmations - M 10:00 Balance Through Dance - 3A 11:00 Art Studio Time - A 11:00 WU: Poetry with Linda - 3CR 2:00 Games....Games...Games - 3A 3:30 Entertainment: Frank Cefalu - LO 6:30 Tuesday Night Movie - 3M</p> <p style="text-align: right;">30</p>	<p>9:30 Walk 9:30 Morning Affirmations - M 10:00 Smile & Sway - 3M 11:00 WU: Art with Marlene: Simon Schama: The Power of Art - 3M 1:30 Outing: Mills College Art Museum 4:00 Town Hall Meeting / Happy Hour Wine & Cheese LO 6:30 Documentary: Jiro Dreams of Sushi - 3M</p> <p style="text-align: right;">31</p>			
<p>We strive to follow our calendar, but sometimes activities will change. Please check "Today's Happenings" posted around the community for any changes that have been made.</p> <p style="text-align: center;">Thank you.</p>	<p>WU: Watermark University</p>	<h1>JANUARY 2018</h1> <p><i>Assisted Living</i></p>		<p>ACTIVITY LOCATOR KEY</p> <p>A - Art Room C - Cafe DR - Dining Room L - Library LO - Lobby 2A - 2nd Floor Activity Room 2 Atrium - 2nd Floor Atrium</p>		<p>3A - 3rd Floor - Activity Room 3CR - 3rd Floor - Carpe Diem Room 3M - 3rd Floor Movie Room M - Meditation Room W - Wellness Center 4L - Forth Floor Lounge 5L - Fifth Floor Lounge</p>