

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<p>9:30 Walk - LO 10:00 Get Fit with Jason - 3A 11:00 Brain Fitness Games - 3A 12:00 Lunch 1:30 Walk - LO 2:00 WU: Japanese New Year Festival - 3A 3:00 WU: TED Talks with Marlene - 3M 4:00 Literature - 3A 5:00 Dinner 6:30 Jeopardy / Game Shows- 3M New Year's Day</p> <p style="text-align: right;">1</p>	<p>9:30 Walk - LO 10:00 Balance Through Dance - 3A 11:00 WU: Poetry with Linda - CR 12:00 Lunch 1:30 Walk - LO 2:00 Games...Games...Games - 3A 3:30 Entertainment: Mary Boutte - LO 4:30 Let's Whet Our Appetites - L 5:00 Dinner 6:30 Tuesday Movie - 3M</p> <p style="text-align: right;">2</p>	<p>9:30 Walk - LO 10:00 Smile & Sway - 3M 11:00 Music Exploration w/Lior - 2A 12:00 Lunch 1:30 Walk - LO 1:30 Outing: Legion of Honor: Klimpt/Rodin 2:00 Brain Fitness - CR 3:00 Remember When? - CR 4:00 Happy Hour/Town Hall Meeting - LO 5:00 Dinner 6:30 Wednesday Night Documentary 3M</p> <p style="text-align: right;">3</p>	<p>9:30 Walk - LO 10:00 Qi Gong - 3A 11:00 Current Events & Hot Topics - 3A 12:00 Lunch 1:30 Walk - LO 2:00 Expressions Thru Fine Arts - 3A 3:00 Sudoku- 3A 4:00 I've Always Wondered - 3A 5:00 Dinner 6:30 WU Opera Appreciation - 3M</p> <p style="text-align: right;">4</p>	<p>9:30 Walk - LO 10:00 Straight Talk - 3A 11:00 Balance Thru Dance - 3A 12:00 Lunch 1:30 Walk - LO 2:00 WU: Concerts with Krasaundra: Olivia Newton-John - 3M 3:00 Bingo - C 4:00 WU: Shabbat with Resa - L 5:00 Dinner 6:30 Friday Night Movie - 3M</p> <p style="text-align: right;">5</p>	<p>9:30 Walk 10:00 Scribble & Nibble - C 11:00 Chit/Chat in the Cafe 12:00 Lunch 1:30 WU: Spanish for Beginners with Murray - 3A 2:30 Matching Games - 3M 3:00 Scenic Drive 3:30 Words...Words...Words - 3M 5:00 Dinner 6:30 Saturday Night Movie - 3M</p> <p style="text-align: right;">6</p>
<p>9:30 Walk - LO 10:00 Current Events & Hot Topics - 3A 11:00 Women of Words - 3A 12:00 Lunch 1:30 Walk - LO 2:00 Music by the Bay: Moonglow - LO 4:00 WU: Science Times with Linda & Marlene -3A 5:00 Dinner 6:30 Sunday at the Movies - 3M</p> <p style="text-align: right;">7</p>	<p>9:30 Walk - LO 10:00 Get Fit with Jason - 3A 11:00 Brain Fitness Games - 3A 12:00 Lunch 1:30 Walk - LO 2:00 Where in the World Is.... - 3M 3:00 WU: TED Talks with Marlene - 3M 4:00 Literature - 3A 5:00 Dinner 6:30 Jeopardy / Game Shows- 3M</p> <p style="text-align: right;">8</p>	<p>9:30 Walk - LO 10:00 Balance Through Dance - 3A 11:00 WU: Poetry with Linda - CR 12:00 Lunch 1:30 Walk - LO 2:00 Games...Games...Games - 3A 2:00 Balance & Movement - CR 3:30 Entertainment: Ethan Ostrow - LO 4:30 Let's Whet Our Appetites - L 5:00 Dinner 6:30 Tuesday Movie - 3M</p> <p style="text-align: right;">9</p>	<p>9:30 Walk - LO 10:00 Smile & Sway - 3M 11:00 Music Exploration w/Lior - 2A 12:00 Lunch 1:30 Walk - LO 1:30 Outing: Goodwill Store - Albany 2:00 Brain Fitness - CR 3:00 Remember When? - CR 4:00 Happy Hour - Wine & Cheese - LO 5:00 Dinner 6:30 Wednesday Night Documentary 3M</p> <p style="text-align: right;">10</p>	<p>9:30 Walk - LO 10:00 Qi Gong - 3A 11:00 Current Events & Hot Topics - 3A 12:00 Lunch 1:30 Walk - LO 2:00 Expressions Thru Fine Arts - 3A 3:00 Sudoku- 3A 4:00 I've Always Wondered - 3A 5:00 Dinner 6:30 WU Opera Appreciation - 3M</p> <p style="text-align: right;">11</p>	<p>9:30 Walk - LO 10:00 Donuts with Nancy - C 11:00 Balance Thru Dance - 3A 12:00 Lunch 1:30 Walk - LO 2:00 WU: Concerts with Krasaundra: Olivia Newton-John - 3M 3:00 Karaoke Sing-A-Long - 3M 4:00 Bingo - C 5:00 Dinner 6:30 Friday Night Movie - 3M</p> <p style="text-align: right;">12</p>	<p>9:30 Walk 10:00 Scribble & Nibble - C 11:00 Chit/Chat in the Café 12:00 Lunch 1:30 WU: Spanish for Beginners with Murray - 3A 2:30 Matching Games - 3M 3:00 Scenic Drive 3:30 Words...Words...Words - 3M 5:00 Dinner 6:30 Saturday Night Movie - 3M</p> <p style="text-align: right;">13</p>
<p>9:30 Walk - LO 10:00 Current Events & Hot Topics - 3A 11:00 WU: Discovering Child Prodigies- 3M 12:00 Champagne Bruch 1:30 Walk - LO 2:00 Music by the Bay -Chuck & Sylvia - LO 4:00 WU: Science Times with Linda & Marlene -3A 5:00 Dinner 6:30 Sunday at the Movies - 3M</p> <p style="text-align: right;">14</p>	<p>9:30 Walk - LO 10:00 Get Fit with Jason - 3A 11:00 Brain Fitness Games - 3A 12:00 Lunch 1:30 Walk - LO 2:00 Where in the World Is.... - 3M 3:00 WU: TED Talks with Marlene - 3M 4:00 Literature - 3A 5:00 Dinner 6:30 Martin Luther King Jr.: A Celebration of his Life - 3M</p> <p style="text-align: right;">15</p>	<p>9:30 Walk - LO 10:00 Balance Through Dance - 3A 11:00 WU: Poetry with Linda - CR 12:00 Lunch 1:30 Walk - LO 2:00 Games...Games...Games - 3A 2:00 Balance & Movement - CR 3:30 Entertainment: Olivier Zyngier - LO 4:30 Let's Whet Our Appetites - L 5:00 Dinner 6:30 Tuesday Movie - 3M</p> <p style="text-align: right;">16</p>	<p>9:30 Walk - LO 10:00 Smile & Sway - 3M 11:00 Music Exploration w/Lior - 2A 12:00 Lunch 1:30 Walk - LO 1:30 Outing: Berkeley Museum 2:00 Brain Fitness - CR 3:00 Remember When? - CR 4:00 Happy Hour - Wine & Cheese - LO 5:00 Dinner 6:30 Wednesday Night Documentary 3M</p> <p style="text-align: right;">17</p>	<p>9:30 Walk - LO 10:00 Qi Gong - 3A 11:00 Current Events & Hot Topics - 3A 12:00 Lunch 1:30 Walk - LO 2:00 Expressions Thru Fine Arts - 3A 3:00 Sudoku- 3A 4:00 I've Always Wondered - 3A 5:00 Dinner 6:30 WU Opera Appreciation - 3M</p> <p style="text-align: right;">18</p>	<p>9:30 Walk - LO 10:00 Straight Talk - 3A 11:00 Balance Thru Dance w/ Marika - 3A 12:00 Lunch 2:00 WU: Shakshuka with Aviad - 3A 3:00 WU: Concerts with Krasaundra: Dean Martin - 3M 4:00 Bingo - C 5:00 Dinner 6:30 Friday Night Movie - 3M</p> <p style="text-align: right;">19</p>	<p>9:30 Walk 10:00 Scribble & Nibble - C 11:00 Chit/Chat in the Café 12:00 Lunch 1:30 WU: Spanish for Beginners with Murray - 3A 2:30 Matching Games - 3M 3:00 Scenic Drive 3:30 Words...Words...Words - 3M 5:00 Dinner 6:30 Saturday Night Movie - 3M</p> <p style="text-align: right;">20</p>
<p>9:30 Walk - LO 10:00 Current Events & Hot Topics - 3A 11:00 Women of Words - 3A 12:00 Lunch 1:30 Walk - LO 2:00 Music by the Bay: Medicine Ball Duo- LO 4:00 WU: Science Times with Linda & Marlene -3A 5:00 Dinner 6:30 Sunday at the Movies - 3M</p> <p style="text-align: right;">21</p>	<p>9:30 Walk - LO 10:00 Get Fit with Jason - 3A 11:00 Brain Fitness Games - 3A 12:00 Lunch 1:30 Walk - LO 2:00 Where in the World Is.... - 3M 2:00 Dining Services/Resident Council - C 3:00 WU: TED Talks with Marlene - 3M 4:00 Literature - 3A 5:00 Dinner 6:30 Jeopardy / Game Shows- 3M</p> <p style="text-align: right;">22</p>	<p>9:30 Walk - LO 10:00 Balance Through Dance - 3A 11:00 WU: Poetry with Linda - CR 12:00 Lunch 1:30 Walk - LO 2:00 Games...Games...Games - 3A 2:00 Balance & Movement - CR 3:30 Entertainment: Barbara Alexander - LO 4:30 Let's Whet Our Appetites - L 5:00 Dinner 6:30 Tuesday Movie - 3M</p> <p style="text-align: right;">23</p>	<p>9:30 Walk - LO 10:00 Smile & Sway - 3M 11:00 Music Exploration w/Lior - 2A 12:00 Lunch 1:30 Walk - LO 1:30 Outing: African Museum - SF 2:00 Brain Fitness - CR 3:00 Remember When? - CR 4:00 Happy Hour - Wine & Cheese - LO 5:00 Dinner 6:30 Wednesday Night Documentary 3M</p> <p style="text-align: right;">24</p>	<p>9:30 Walk - LO 10:00 Qi Gong - 3A 11:00 Current Events & Hot Topics - 3A 12:00 Lunch 1:30 Walk - LO 2:00 Expressions Thru Fine Arts - 3A 3:00 Sudoku- 3A 4:00 I've Always Wondered - 3A 5:00 Winter Wonderland Theme Dinner 6:30 WU Opera Appreciation - 3M</p> <p style="text-align: right;">25</p>	<p>9:30 Walk - LO 10:00 Straight Talk - 3A 11:00 Balance Thru Dance w/ Marika - 3A 12:00 Lunch 1:30 Walk - LO 2:00 WU: Concerts with Krasaundra: Ray Charles -3M 3:00 Karaoke Sing-A-Long - 3M 4:00 Bingo - C 5:00 Dinner 6:30 Friday Night Movie - 3M</p> <p style="text-align: right;">26</p>	<p>9:30 Walk 10:00 Scribble & Nibble - C 11:00 Chit/Chat in the Café 12:00 Lunch 1:30 WU: Spanish for Beginners with Murray - 3A 2:30 Matching Games - 3M 3:00 Scenic Drive 3:30 Words...Words...Words - 3M 5:00 Dinner 6:30 Saturday Night Movie - 3M</p> <p style="text-align: right;">27</p>
<p>9:30 Walk - LO 10:00 Current Events & Hot Topics - 3A 11:00 WU: Discovering Child Prodigies- 3M 12:00 Lunch 1:30 Walk - LO 2:00 Music by the Bay: Mike Zilber Trio - LO 4:00 WU: Science Times with Linda & Marlene -3A 5:00 Dinner 6:30 Sunday at the Movies - 3M</p> <p style="text-align: right;">28</p>	<p>9:30 Walk - LO 10:00 Get Fit with Jason - 3A 11:00 Brain Fitness Games - 3A 12:00 Lunch 1:30 Walk - LO 2:00 Where in the World Is.... - 3M 3:00 WU: TED Talks with Marlene - 3M 4:00 Literature - 3A 6:30 Jeopardy / Game Shows- 3M</p> <p style="text-align: right;">29</p>	<p>9:30 Walk - LO 10:00 Balance Through Dance - 3A 11:00 WU: Poetry with Linda - CR 12:00 Lunch 1:30 Walk - LO 2:00 Games...Games...Games - 3A 2:00 Balance & Movement - CR 3:30 Entertainment: Frank Cefalu - LO 4:30 Let's Whet Our Appetites - L 5:00 Dinner 6:30 Tuesday Movie - 3M</p> <p style="text-align: right;">30</p>	<p>9:30 Walk - LO 10:00 Smile & Sway - 3M 11:00 Music Exploration w/Lior - 2A 12:00 Lunch 1:30 Walk - LO 1:30 Outing: Mills College Art Museum 2:00 Brain Fitness - CR 3:00 Remember When? - CR 4:00 Town Hall/Happy Hour - LO 5:00 Dinner 6:30 Wednesday Night Documentary 3M</p> <p style="text-align: right;">31</p>			
<p>We strive to follow our calendar, but sometimes activities will change. Please check "Today's Happenings" posted around the community for any changes that have been made.</p> <p style="text-align: center;">Thank you.</p>	<p>WU: Watermark University</p>	<h1>JANUARY 2018</h1> <p><i>Carpe Diem Club</i></p>		<h2>ACTIVITY LOCATOR KEY</h2> <p>CR - Club Room - 3rd Floor A - Art Room C - Cafe L - Library LO - Lobby 2 Atrium - 2nd Floor Atrium 2A - 2nd Floor Activity Room</p>		<p>M - Meditation Room W - Wellness Center 3A - 3rd Floor Activity Room 3M - 3rd Floor Movie Room</p>