

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
WU: Watermark University	We strive to follow our calendar, but sometimes activities will change. Please check "Today's Happenings" posted around the community for any changes that have been made. Thank you.	10:00 Balance Thru Dance - 3A 11:00 Art Studio Time - A 11:00 WU: Poetry Corner with Linda - 3A 2:00 WU: Appreciating Art with Marlene - 3M 3:30 Entertainment: Ben Jones - LO 6:30 Tuesday Night Movie - 3M	10:00 Seated Tai Chi - 3M 11:00 Games....Games...Games - 3A 1:30 Outing: Abrams Claghorn Gallery: "Visions of Democracy" 4:00 Happy Hour - Wine & Cheese - LO 6:30 Documentary: Little Dieter Needs to Fly - 3M	10:00 Qi Gong Class - 3A 10:00 Rosary Group - M 11:00 Current Events & Hot Topics - 3A 2:00 Expressions through Fine Arts - 3M 3:00 Sudoku - CD 6:30 WU: Opera Appreciation - 3M	10:00 Balance Thru Dance w/ Marika - 3A 11:00 Straight Talk - 3A 2:00 WU: At The Ballet with Krasaundra: Les Ballets Trockadero (pt. 1) - 3M 3:00 Sing -A-Long - 3M 4:00 Bingo - C 6:30 Friday Night Movie - 3M	10:00 Scribble & Nibble - 3A 11:00 Classical Performances - 3M 1:30 WU: Archeology w/ Resa - 3M 2:30 Scenic Drive 3:00 Brain Boosters - 3A 6:30 Saturday Night Movie - 3M
10:00 Current Events & Hot Topics - 3A 11:00 Women of Words - 3A 2:00 Music by the Bay: Rivka Amado - LO 4:00 WU: Science Times with Linda - 3A 6:00 Sunday at the Movies - 3M	10:00 Get Fit With Jason - 3A 11:00 Origins of Every Day Things - 3A 2:00 Brain Fitness Games - 3A 3:00 Where In The World Is.... 3M 4:00 Literature - 3A 6:30 Jeopardy / Games Shows - 3M	10:00 Balance Thru Dance - 3A 11:00 WU: Poetry Corner with Linda - 3A 2:00 WU: Appreciating Art with Marlene - 3M 3:30 Entertainment: Danny Allen- LO 4:30 Ellis Island Interviews - LO 6:30 Tuesday Night Movie - 3M	10:00 Seated Tai Chi - 3M 11:00 Games....Games...Games - 3A 1:30 Outing: Benicia Historical Museum 4:00 Town Hall Happy Hour - Wine & Cheese - LO 6:30 Documentary: Daughter from Danang: American Experience - 3M	10:00 Seated Yoga - 3M 10:00 Rosary Group - M 11:00 Current Events & Hot Topics - 3A 2:00 Expressions through Fine Arts - 3M 3:00 Sudoku - CD 6:30 WU: Opera Appreciation - 3M	10:00 Smile & Sway - 3M 11:00 Straight Talk - 3A 2:00 WU: At The Ballet with Krasaundra: Les Ballets Trockadero (pt. 2) - 3M 3:00 Bingo - C 4:00 WU: Shabbat Celebration with Resa - L 6:30 Friday Night Movie - 3M	10:00 Scribble & Nibble - 3A 11:00 Classical Performances - 3M 1:30 WU: Archeology w/ Resa - 3M 2:30 Scenic Drive 3:00 Brain Boosters - 3A 6:30 Saturday Night Movie - 3M
10:00 Current Events & Hot Topics - 3A 11:00 Women of Words - 3A 2:00 Music by the Bay: Moonglow Duo - LO 4:00 WU: Science Times with Linda - 3A 6:30 Sunday at the Movies -3M	10:00 Get Fit With Jason - 3A 11:00 Origins of Every Day Things - 3A 2:00 WU: Musicals...Musicals with Tim Carol Channing - 3M 3:00 Where In The World Is.... 3M 4:00 Literature - 3A 6:30 Jeopardy / Games Shows - 3M	10:00 Balance Thru Dance - 3A 11:00 Art Studio Time - A 11:00 WU: Berkeley Rep : Paradise Square - 3A 2:00 WU: Appreciating Art with Marlene - 3M 3:30 Entertainment: Thea Becker - LO 4:30 Ellis Island Interviews - LO 6:30 Tuesday Night Movie - 3M	10:00 Seated Tai Chi - 3M 11:00 Games....Games...Games - 3A 1:30 Outing: Legion of Honor: Jewels of the Maharajas - SF 4:00 Happy Hour - Wine & Cheese LO 6:30 Documentary: Sing Your Song - 3M	10:00 Qi Gong Class - 3A 10:00 Rosary Group - M 11:00 Current Events & Hot Topics - 3A 2:00 Expressions through Fine Arts - 3M 3:00 Sudoku - CD 6:30 WU: Opera Appreciation - 3M	10:00 Balance Thru Dance w/ Marika - 3A 11:00 Straight Talk - 3A 2:00 WU: Concerts with Krasaundra: George Shearing: Lullaby of Birdland - 3M 3:00 Sing-A-Long - 3M 4:00 Bingo - C 6:30 Friday Night Movie - 3M	10:00 Scribble & Nibble - 3A 11:00 Classical Performances - 3M 1:30 WU: Archeology w/ Resa - 3M 2:30 Scenic Drive 3:00 Brain Boosters - 3A 6:30 Saturday Night Movie - 3M
10:00 Current Events & Hot Topics - 3A 11:00 Women of Words - 3A 2:00 Music by the Bay: Good Intentions- LO 4:00 WU: Science Times with Linda - 3A 6:30 Sunday at the Movies -3M	10:00 Get Fit With Jason - 3A 11:00 Origins of Every Day Things - 3A 2:00 Dining Services Meeting - C 2:30 Resident Council Meeting - C 3:00 Brain Fitness Games - 3A 4:00 Literature - 3A 6:30 Martin Luther King, Jr. Celebration- 3M Martin Luther King, Jr. Day	10:00 Balance Thru Dance - 3A 11:00 Art Studio Time - A 11:00 WU: Poetry Corner with Linda - 3A 2:00 WU: Appreciating Art with Marlene - 3M 3:30 Entertainment: The Therapists - LO 4:30 Ellis Island Interviews - LO 6:30 Tuesday Night Movie - 3M	10:00 Seated Tai Chi - 3M 11:00 Games....Games...Games - 3A 1:30 Outing: Maritime Museum - SF 4:00 Happy Hour - Wine & Cheese LO 6:30 Documentary: Peggy Guggenheim: Art Addict - 3M	10:00 Seated Yoga - 3M 10:00 Rosary Group - M 11:00 Current Events & Hot Topics - 3A 2:00 Resident Art Show - LO 3:00 Sudoku - CD 6:30 WU: Opera Appreciation - 3M	10:00 Smile & Sway - 3M 11:00 Straight Talk - 3A 2:00 WU: Concerts with Krasaundra: The Jazz Channel: Jeffrey Osborne - 3M 3:00 Sing -A-Long - 3M 4:00 Bingo - C 6:30 Friday Night Movie - 3M	10:00 Scribble & Nibble - 3A 11:00 Classical Performances - 3M 1:30 WU: Archeology w/ Resa - 3M 2:30 Scenic Drive 3:00 Brain Boosters - 3A 6:30 Saturday Night Movie - 3M
10:00 Current Events & Hot Topics - 3A 11:00 Women of Words - 3A 2:00 Music by the Bay: Michael Zilber - LO 4:00 WU: Science Times with Marlene - 3A 6:30 Sunday at the Movies -3M	10:00 Get Fit With Jason - 3A 11:00 Music with Catherine & Bob - L 2:00 Brain Fitness Games - 3A 3:00 Where In The World Is.... 3M 4:00 Literature - 3A 6:30 Jeopardy / Games Shows - 3M	10:00 Balance Thru Dance - 3A 11:00 Art Studio Time - A 11:00 WU: Poetry Corner with Linda - 3A 2:00 WU: Appreciating Art with Marlene - 3M 3:30 Entertainment: Hilary Harris - LO 4:30 Ellis Island Interviews - LO 6:30 Tuesday Night Movie - 3M	10:00 Seated Tai Chi - 3M 11:00 Games....Games...Games - 3A 1:30 Outing: ACCI Gallery 4:00 Happy Hour - Wine & Cheese - LO 6:30 Documentary: The Trials of Muhammad Ali - 3M	10:00 Seated Yoga - 3M 10:00 Rosary Group - M 11:00 Current Events & Hot Topics - 3A 2:00 WU: Gays in the Military with Micki - 3A 3:00 Sudoku - CD 6:30 WU: Opera Appreciation - 3M		
				ACTIVITY LOCATOR KEY		
				A - Art Room C - Cafe DR - Dining Room L - Library LO - Lobby 2A - 2nd Floor Activity Room 2 Atrium - 2nd Floor Atrium	3A - 3rd Floor - Activity Room 3CR - 3rd Floor - Carpe Diem Room 3M - 3rd Floor Movie Room M - Meditation Room W - Wellness Center 4L - Forth Floor Lounge 5L - Fifth Floor Lounge	
<h1>JANUARY 2019</h1> <i>Assisted Living</i>						